

Immanuel Lutheran Church



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Nate Loer, Lead Pastor
Megan Clapp, Associate Pastor
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Hello families!

We have missed you so much over these last months! As we get ready to begin another program year, I wanted to share our plans with you. Over the summer I became a certified Cosmic Kids yoga teacher. Cosmic Kids yoga combines yoga and storytelling adventures that help kids connect with and regulate their emotions and experiences. I am thrilled to debut a new program at Immanuel that combines yoga with Bible stories to deepen faith formation! We're calling it Head to Heart Yoga because we're moving the Bible stories from our heads to our hearts through yoga poses. This is no ordinary yoga class! Together we'll fly through time, roar like lions, fly like birds, swim like dolphins, climb mountains, balance like trees, and play our way through Bible stories.

We will meet together on 10 Wednesday evenings over the course of the school year. The calendar is included in this letter. The year kicks off with a Zoom orientation meeting on September 9th at 6:30 pm. We are encouraging students and parents to attend this virtual meeting. The link for this meeting will be sent out via our Wednesday Night Education Remind group, so if you aren't a member of that group already, please join by sending a text to 81010 with the message @k6c9gd. Or, send an email to church@wadenaimmanuel.org to get an email with the link about 24 hours before that meeting.

The following weeks, class will run from 6:30-7pm. Students can wear comfy clothes that they can move in easily. We will wear masks to remain in compliance with the state mandate. Yoga mats will be provided.

On the weeks that we don't have in-person class, families will be given a faith challenge to complete during that week. These challenges will be simple additions to maximize times that you are already connecting, mornings, meals, drive time, and bedtime/nighttime.

If you would prefer to engage virtually in our program this year, great! All of our Head to Heart stories will be posted on YouTube along with links to the family faith challenges. I'll also host a couple of live Zoom classes throughout the program year.

In addition to our education offerings, we will continue to observe our milestone celebrations. There will be a Milestone Sunday Sundaes Party at Tapley Park on September 13th at 3 pm. We will celebrate the beginning of a new school year with a back to school blessing and we will give Bibles to our 3 year olds and 3rd graders. We will continue our celebration with Sundaes cones and time for physically distanced fellowship at the park. If your family would prefer a contactless celebration, please let me know. I would be happy to deliver your milestone items to your home and offer a physically distanced blessing.

If you have any questions about the upcoming program year or need any other kind of pastoral or spiritual support, please let me know. I look forward to connecting with you again soon!

Namaste! (That's the yoga code word for "the child of God in me recognizes the child of God in you!")

A handwritten signature in cursive script that reads "Megan".

Pr. Megan Clapp
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*Called and United through the Gospel of Jesus Christ,
our mission is to proclaim and respond to God's presence among us*

2020/2021 K-6 Wednesday Night Education

September 9 Zoom Orientation

September 16 K-3

September 23 4-6

September 30 K-3

October 7 4-6

October 14 No class (MEA)

October 21 No class

October 28 K-3

November 4 4-6

November 11 K-3

November 18 4-6

November 25 No class (Thanksgiving worship)

December 2 K-3

December 9 4-6

December 16 K-3

December 23 No class - Christmas break

December 30 No class - Christmas break

January 6 4-6

January 13 K-3

January 20 4-6

January 27 No class - Annual Meeting

February 3 K-3

February 10 4-6

February 17 No class - Ash Wednesday

February 24 No class - Lent worship

March No class - Lent worship

April 7 K-3

April 14 4-6

April 21 K-3

April 28 4-6